

ELITE *150*

Special Functions













150 PROGRAMS

30 Sport - 60 Fitness & Wellness - 45 Beauty & Aesthetics — 5 Rehab - 10 Tens

ELITE 150: is an innovative electro stimulator created by Globus, a market leader in this field for more than 20 years.

ELITE 150: is an Electro stimulator dedicated to Women, to whom it offers Fitness, Beauty and health in the at hands reach. But Elite 150 is dedicated also to those Men mainly oriented to fitness, Wellness and health, rather than the pure sport performance.

ELITE 150: distinguish itself by completing the effect of a sport session, also for those who practice a regular sport, athletes for whom it is difficult to increase the toning and the aspect of some muscles.

GRAPHIC LCD DISPLAY

FAST MENU: For faster and user-friendly menu navigation

MY TRAINER: My Trainer shows images of the electrodes positioning on the screen

MAN/WOMAN: ELITE 150 is the perfect answer to the needs of both the man and woman body. The programs are classified according to gender to respect the physiological differences between men and women in order to enhance results

SYNCROSTIM: Allows increasing simultaneously the intensity of all channels with the touch of one button

FITNESS & PHYSICAL SHAPE: Having a lively body, always in good shape is the mirror of an active lifestyle. Globus Elite 150 is your personal gym that, thanks to its toning and body sculpting programs helps you to develop a perfect and attractive body, giving you a great charge of vital energy.

BODY & BEAUTY: Thanks to the large program range that includes Lipolysis, drainage, toning, sculpting, lifting and Vascularisation programs, Globus Elite 150 enhances the harmony of your body and helps you to express beauty and vitality.

AN ACTIVE LIFE: The best high level athletes use the muscular electro stimulation to improve their physical shape and sports performances. Thanks to Globus Elite 150 you will have the possibility of training with extraordinary results your Force, Power, Resistance and Endurance and practice "as a champion" your favourite sport.

HEALTH & WELL-BEING: Backache, cervical pain, sciatica, articular and muscular pain often make us depressed and preoccupied. The endorphinic, constant and modulated TENS currents eliminate the pain day by day, giving us back health, well being and all the pleasure of life.







TECHNICAL FEATURES

Channels: 4 Independent CHANNELS (up to 8 electrodes)

Frequency: 0,3 — 150 Hz Power: 120 mA per channel Impulse amplitude: 40 — 450 µs

Wave Form: Compensated Symmetrical biphasic square and

oulsed

Power supply: rechargeable batteries - 7,2 V - 150 mA Conformity to Standard ISO 9001, EN 46001 for electro medical

products. Certified MDD (Medical Device Directive)

EQUIPMENT

1 carrying bag

1 electro-stimulator Elite 150

4 cables for EMS

4 square electrodes, 4 rectangular electrodes

1 battery charger

1 operating manual

1 CD Personal Trainer





ELITE 150 Program List

15 SPORT MAN

BODY

 ${\it Capillarization}$

Warm-up

Recovery, post-competition

LOWER LIMBS

Maximal force

Resistance force

Explosive force

Reactivity, lower limbs

Relaxation, lower limbs

ABDOMINALS & TRUNK

Maximal force

Resistance force

Resistance force

Relaxation, lumbar zone

UPPER LIMBS AND PECTORALS

Maximal force

Resistance force

Explosive force

Relaxation, upper limbs

15 SPORT WOMAN

BODY

Capillarization

Warm-up

Recovery, post-competition

LOWER LIMBS

Maximal force

Resistance force

Explosive force

Reactivity, lower limbs

Relaxation, lower limbs

ABDOMINALS & TRUNK

Maximal force

Resistance force

Relaxation, lumbar zone

UPPER LIMBS AND PECTORALS

Maximal force

Resistance force

Explosive force

Relaxation, upper limbs

30 FITNESS MAN

Firming

Firming level 2

Firming Bio Pulse

Sculpting

Sculpting Bio Pulse

Toning

Toning level 2

Muscle mass increase

Body Sculpting

Definition

30 FITNESS WOMAN

Firming

Firming level 2

Firming Bio Pulse

Sculpting

Sculpting Bio Pulse

Toning

Toning level 2

Muscle mass increase

Body Sculpting

Definition

20 AESTHETIC MEN

Drainage

Drainage Bio Pulse

Lipolysis

Energetic Massage

Connective Massage

Capillarization Face

Face lifting Effect

Definition

Line

Vascularisation

25 AESTHETICS WOMAN

Drainage

Drainage Bio Pulse

Lipolysis

Energetic Massage

Connective Massage

Drainage post birth

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Lipolysis post birth

Firming post birth

Firming chest Sculpting Chest

Capillarization Face

Face lifting Effect

Definition

Line

Vascularisation

10 PAIN

Endorphin Tens

Haematomas

Contracture

Sciatica Lumbago

Cervical

Perarthritis scapulae-humeral

Epycondylithis

Acute pain analgesic Tens

Chronic pain analgesic Tens

5 REHAB

Lower limbs atrophy recovery

Upper limbs atrophy recovery

Motor Point Pen

Agonist/Antagonist Upper Limbs

Agonist/Antagonist Lower Limbs